

SouthCoast Allergy, P.A.

Some medication can interfere with allergy skin testing. In order for us to obtain the most accurate results, **PLEASE STOP ANTHISTAMINES USED FOR ALLERGY TREATMENT 3 DAYS PRIOR TO NEW PATIENT APPOINTMENTS** and prior Skin Testing. If you have questions about whether it is safe for you to stop your antihistamines, please contact your prescribing physician.

COMMON MEDICATIONS CONTAINING ANTHISITAMINES INCLUDE:

- Actifed
- Advil PM, Advil Allergy
- Advil Cold / Sinus
- Ala-Hist
- Alavert - All Forms
- Aleve Cold
- Alka Seltzer Plus/Cold
- Allegra - All Forms
- Allerest
- AlleRx - All Forms
- Allergy Revied Med
- Asteline Spray (Azlastine)
- Astepor Spray
- Atarax/Vistaril
- BC Cold Powder
- Benadryl
- Benylin Cough Med
- Bromfed - All Forms
- Brompheniramine Maleate
- Carbinoxamine
- Cetirizine HCL
- Chlorpheniramine Maleate
- Chlor - Trimeton - All Forms
- Clarinex - All Forms (off 6 Days)
- Claritin - All Forms
- Comtrex
- Contac - All Forms
- Coricidin
- Co-Tylenol
- Cough Meds w/ Antihistamines
- Cyproheptadine
- Dimetane
- Dimetapp
- Diphenhydramine HCL - Check Level
- Dramamine
- Drixoral
- Dymista
- Excedrin PM
- Extendryl
- Fexofenadine - All Forms
- Hydroxyzine Pamoate/HCL
- Lotatadine
- Mylanta AR
- Night Time Sleep Aid
- Norel SR/DM
- Nytol
- Nyquil
- Patanase Nasal Spray
- Pediacare
- Percogesic
- Periactin
- Phenergan - All Forms
- Phenylephrine HCL
- Phenothiazines
- Phenyltolozamine
- Polyhistine - All Forms
- Promethazine HCL
- Robitussin - Many Forms
- Rondec
- Rynatan/R-Tannate
- Sinutab
- Sominex
- Sudafed Cold/Allergy
- Tagamet
- Tanafed
- Theraflu - All Forms
- Time-Hist
- Triaminic - All Forms
- Tussionex
- Tylenol Cold/Sinus/Allergy/Sleep
- Vistaril
- Vicks 44M
- Xyzal - All Forms
- Zantac
- Zicam
- Zytac - All Forms

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DO NOT use Oil, Cream or Lotion on the back of arms for 24 hours prior to skin testing.

Please continue taking all of the following medications as prescribed

- Antibiotics
- Antidepressants
- Asthma Medications - All Forms
- Blood Pressure Medication
- Decongestants
- Heart Medications
- Inhalers
- Nasal Spray - Except Astelin / Astepro / Patanase
- Steroids
- Thyroid Medications

DO NOT STOP THESE MEDICATIONS WITHOUT THE APPROVAL OF YOUR PHYSICIAN.

Please call our office with any questions about medications listed.